

## A SHORT BIBLIOGRAPHY ON USES OF PLANTS BY NATIVE PEOPLE

### Quick References (Plants by Genus)

Cheatham, Scooter, Marshall Corning Johnston and Lynn Marshall

1995-onwards *Useful Wild Plants of Texas, the Southeastern and Southwestern United States, the Southern Plains, and Northeastern Mexico*. Useful Wild Plants, Inc., Austin. [Four volumes published with more to come. High quality scholarship at about \$120 per volume.]

Kindscher, Kelly

1987 *Edible Wild Plants of the Prairie: An Ethnobotanical Guide*. University Press of Kansas, Lawrence, Kansas.

Hodgson, Wendy C.

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\*\*Moerman, Daniel E.

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\*\*Tull, Delena

2013 *Edible and Useful Plants of Texas and the Southwest*. Revised edition. University of Texas Press, Austin. [One of the few that discusses dye plants in depth. Includes recipes for teas, jellies, and dye baths.]

### Texas Plants

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## Medicinal/Spiritual/Tonic Plants

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## A Few of Many Regional Sources on Native American Plant Use

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Campbell, Paul Douglas

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Dunmire, William W. and Gail D. Tierney

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- 1997 *Wild Plants and Native Peoples of the Four Corners*. Museum of New Mexico Press, Santa Fe. [Photos and notes on individual plants with emphasis on archeological finds and historic uses. Also includes a historic overview, chapters on modern tribes, and suggestions about sites to visit.]

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- 1991 *Uses of Plants by the Indians of the Missouri River Region*. Originally published 1919 as Thirty-third Annual Report of the Bureau of American Ethnology, Washington, D.C. University of Nebraska Press, Lincoln and London. [An oldie but a goodie.]

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Murphey, Edith Van Allen

- 1990 *Indian Uses of Native Plants*. Meyerbooks, Glenwood, Illinois. Originally published 1958. [Rocky Mountains and Mendocino County, California.]

Ortiz, Beverly R. and Julia F. Parker

- 1991 *It Will Live Forever: Traditional Yosemite Indian Acorn Preparation*. Heyday Books, Berkeley. [A modern classic on acorn processing.]

Raine, Carolyn

- 1997 *A Woodland Feast: Native American Foodways of the 17th & 18th Centuries*. Penobscot Press, Huber Heights, Ohio. [By a Seneca woman who's a historian, artist, re-enactor, and cook. With lots of recipes.]

Stevenson, Matilda Coxe

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Whitehead, William and Conor Flynn

- 2017 *Plant Utilization in Southeastern New Mexico: Botany, Ethnobotany, and Archaeology*. Bureau of Land Management, Southwest Field Office, Carlsbad, New Mexico. [Lots of technical data including species-by-species descriptions with photos and use information. Available for free download with the creation of a free tDAR account at <https://core.tdar.org/document/427637/plant-utilization-in-southeastern-new-mexico-botany-ethnobotany-and-archaeology>]

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- 1987 *Buffalo Bird Woman's Garden: Agriculture of the Hidatsa Indians*. Minnesota Historical Society Press, St. Paul. Originally published 1917. Available online at: <https://muse.jhu.edu/books/9780873516600> [One of the most detailed accounts of Native agricultural practices. A classic.]

**General Compilations (includes uses by European settlers and modern Americans)**

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- Frank, Lois Ellen  
 2002 *Foods of the Southwest Indian Nations*. Ten Speed Press, Berkeley, California. [Includes some ethnographic background and mouth-watering food photos]
- Sherman, Sean (with Beth Dooley)  
 2017 *The Sioux Chef's Indigenous Kitchen*. University of Minnesota Press, London and Minneapolis. [2-1/2 minute video on indigenous foods for modern Native people at <http://sioux-chef.com/>]

### **And one historic oddball I've enjoyed**

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